

CFS LEAD TRAINER'S PROFILE

MR JIM THEN, M.Soc, (Counselling), BA (Psychology) is the Training Manager of Centre For Seniors. Prior to his current appointment, he was with the SBL Family Service Centre since 1999 as a programme coordinator, then as a counsellor. During that period, he worked on counselling cases pertaining to individuals, families and elderly issues, as well as case management and mandated family violence cases. He has conducted workshops in Changi Prison to help inmates integrate with their families and society prior to their release. He has also served in the Tampines West Inter-Racial Confidence Circle for four years and volunteered at the Kampong Chai Chee Elderly Activities Centre to assist lonely, elderly residents manage their daily needs / issues.



Prior to his engagement in social services, Jim was the Operation Director of Hallrich Group of Companies specializing in investment and futures trading. After thirteen years, he left to pursue his second career in the social services sector at the age of fifty-five.

In 2000, he achieved a Diploma In Counselling from University of Edith Cowan (Australia) and subsequently a BA (Psychology). He continued with learning and achieved his Masters in Social Science (Counselling) in 2006. In addition, he has received intensive training in the 'Satir' Transformation Brief Therapy, Cognitive Behavioral Therapy and Stress Management (with art and meditation) in order to make a difference in the lives of seniors so that they can continue to experience joy, meaning and passion in their life journeys.

Since his appointment with Centre For Seniors, Jim has trained numerous staff and management from both the public and private sectors.