

Re-employment Counselling Programme



Introduction

Older workers possess valuable skills and knowledge and have made significant contributions to the company and society. A key challenge for HR personnel is to effectively deploy and harness their skills, experience and expertise so that companies can remain competitive. If re-employment and / or re-deployment are not possible within the company, HR personnel will need the necessary skills and knowledge to explore with older employees the options available.

The aim of this course is to train participants to provide basic re-employment counselling for mature employees.

Objectives

- To enhance participants' knowledge and understanding of mature employees
- To equip participants with basic counselling, assessment, intervention and referral skills so that they are able to offer re-employment counselling to facilitate a smooth transition to the next phase of life for older adults

Target Audience

- Human resource personnel
- Supervisors of mature employees
- Union Leaders

Brief Course Outline

A. Understanding Older Adults

- Social, physical & psychological aspects of ageing
- Coping with age-associated changes
- Successful ageing

B. Counselling Older Adults

- Counselling : Definition, objectives & pitfalls
- Self-awareness & sensitivity
- Values clarification
- Counselling process & skills
- Locally-developed model for counselling older adults

Special Feature 1
Research-based
model for
counselling
older adults

C. Re-employment : Skills Application

- Working with those who wish to be re-employed
- Coping with loss and managing expectations
- Job search and re-training resources
- Community resources

Methodology

- Lectures
- Videos
- Case discussions
- Quizzes
- Role-plays & role rehearsals
- Experiential exercises
- Skills training

Course Duration

Two days, one day a week

Course Fees & Registration

For more information or registration, please contact :

Centre For Seniors

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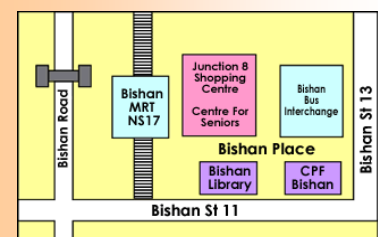
Website

www.centreforseniors.org.sg

Training Venue

The training can be conducted at the client's premises or at :

Centre For Seniors
9 Bishan Place #10-02
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